Chapter 10
Automated Model Selection for Multiple Regression

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Given data on a response variable $Y$ and $k$ predictors or binary variables $X_1, X_2, \ldots, X_k$, we wish to develop a regression model to predict $Y$. Assuming that the collection of variables is measured on the correct scale, and that the candidate list of effects includes all the important predictors or binary variables, the most general model is

$$Y = \beta_0 + \beta_1 X_1 + \cdots + \beta_k X_k + \varepsilon.$$ 

In most problems one or more of the effects can be eliminated from the full model without loss of information. We want to identify the important effects, or equivalently, eliminate the effects that are not very useful for explaining the variation in $Y$.

We will study several automated non-hierarchical methods for model selection. Given a specific criterion for selecting a model, a method gives the best model. \textit{Before applying these methods}, plot $Y$ against each predictor to see whether transformations are needed. Although transformations of binary variables are not necessary, side-by-side boxplots of the response across the levels of a factor give useful information on the predictive ability of the factor. If a transformation of $X_i$ is suggested, include the transformation along with the original $X_i$ in the candidate list. Note that we can transform the predictors differently, for example, log($X_1$) and $\sqrt{X_2}$. However, if several transformations are suggested for the response, then one should consider doing one analysis for each suggested response scale before deciding on the final scale.

Different criteria for selecting models lead to different “best models.” Given a collection of candidates for the best model, we make a choice of model on the basis of (1) a direct comparison of models, if possible (2) examination of model adequacy (residuals, influence, etc.) (3) simplicity — all things being equal, simpler models are preferred, and (4) scientific plausibility.

I view the various criteria as a means to generate interesting models for further consideration. I do not take any of them literally as best.

You should recognize that automated model selection methods should not replace scientific theory when building models! Automated methods are best
suited for exploratory analyses, in situations where the researcher has little scientific information as a guide.

AIC/BIC were discussed in Section 3.2.1 for stepwise procedures and were used in examples in Chapter 9. In those examples, I included the corresponding $F$-tests in the ANOVA table as a criterion for dropping variables from a model. The next few sections cover these methods in more detail, then discuss other criteria and selections strategies, finishing with a few examples.
10.1 Forward Selection

In forward selection we add variables to the model one at a time. The steps in the procedure are:

1. Find the variable in the candidate list with the largest correlation (ignoring the sign) with $Y$. This variable gives a simple linear regression model with the largest $R^2$. Suppose this is $X_1$. Then fit the model

$$Y = \beta_0 + \beta_1 X_1 + \varepsilon$$  \hspace{1cm} (10.1)

and test $H_0 : \beta_1 = 0$. If we reject $H_0$, go to step 2. Otherwise stop and conclude that no variables are important. A $t$-test can be used here, or the equivalent ANOVA $F$-test.

2. Find the remaining variable which when added to model (10.1) increases $R^2$ the most (or equivalently decreases Residual SS the most). Suppose this is $X_2$. Fit the model

$$Y = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \varepsilon$$  \hspace{1cm} (10.2)

and test $H_0 : \beta_2 = 0$. If we do not reject $H_0$, stop and use model (10.1) to predict $Y$. If we reject $H_0$, replace model (10.1) with (10.2) and repeat step 2 sequentially until no further variables are added to the model.

In forward selection we sequentially isolate the most important effect left in the pool, and check whether it is needed in the model. If it is needed we continue the process. Otherwise we stop.

The $F$-test default level for the tests on the individual effects is sometimes set as high as $\alpha = 0.50$ (SAS default). This may seem needlessly high. However, in many problems certain variables may be important only in the presence of other variables. If we force the forward selection to test at standard levels then the process will never get “going” when none of the variables is important on its own.
10.2 Backward Elimination

The backward elimination procedure (discussed earlier this semester) deletes unimportant variables, one at a time, starting from the full model. The steps is the procedure are:

1. Fit the full model

\[ Y = \beta_0 + \beta_1 X_1 + \cdots + \beta_k X_k + \varepsilon. \quad (10.3) \]

2. Find the variable which when omitted from the full model (10.3) reduces \( R^2 \) the least, or equivalently, increases the Residual SS the least. This is the variable that gives the largest p-value for testing an individual regression coefficient \( H_0 : \beta_j = 0 \) for \( j > 0 \). Suppose this variable is \( X_k \). If you reject \( H_0 \), stop and conclude that the full model is best. If you do not reject \( H_0 \), delete \( X_k \) from the full model, giving the new full model

\[ Y = \beta_0 + \beta_1 X_1 + \cdots + \beta_{k-1} X_{k-1} + \varepsilon \]

[10.3]

to replace (10.3). Repeat steps 1 and 2 sequentially until no further variables can be deleted.

In backward elimination we isolate the least important effect left in the model, and check whether it is important. If not, delete it and repeat the process. Otherwise, stop. The default test level on the individual variables is sometimes set at \( \alpha = 0.10 \) (SAS default).
10.3 Stepwise Regression

Stepwise regression combines features of forward selection and backward elimination. A deficiency of forward selection is that variables cannot be omitted from the model once they are selected. This is problematic because many variables that are initially important are not important once several other variables are included in the model. In stepwise regression, we add variables to the model as in forward regression, but include a backward elimination step every time a new variable is added. That is, every time we add a variable to the model we ask whether any of the variables added earlier can be omitted. If variables can be omitted, they are placed back into the candidate pool for consideration at the next step of the process. The process continues until no additional variables can be added, and none of the variables in the model can be excluded. The procedure can start from an empty model, a full model, or an intermediate model, depending on the software.

The p-values used for including and excluding variables in stepwise regression are usually taken to be equal (why is this reasonable?), and sometimes set at $\alpha = 0.15$ (SAS default).
10.3.1 Example: Indian systolic blood pressure

We revisit the example first introduced in Chapter 2. Anthropologists conducted a study to determine the long-term effects of an environmental change on systolic blood pressure. They measured the blood pressure and several other characteristics of 39 Indians who migrated from a very primitive environment high in the Andes into the mainstream of Peruvian society at a lower altitude. All of the Indians were males at least 21 years of age, and were born at a high altitude.

Let us *illustrate* the three model selection methods to build a regression model, using systolic blood pressure (*sysbp*) as the response, and seven candidate predictors: $wt =$ weight in kilos; $ht =$ height in mm; $chin =$ chin skin fold in mm; $fore =$ forearm skin fold in mm; $calf =$ calf skin fold in mm; $pulse =$ pulse rate-beats/min, and $yrage =$ fraction, which is the proportion of each individual’s lifetime spent in the new environment.

Below I generate simple summary statistics and plots. The plots do not suggest any apparent transformations of the response or the predictors, so we will analyze the data using the given scales.

```r
library(tidyverse)

# load ada functions
source("ada_functions.R")

### Example: Indian

dat_indian <-
  read_table2("http://statacumen.com/teach/ADA2/notes/ADA2_notes_Ch02_indian.dat") %>%
  mutate(
    # Create the "fraction of their life" variable
    #  yrmig = years since migration divided by age
    yrage = yrmig / age
  )

## Parsed with column specification:
## cols(
##  id = col_double(),
##  age = col_double(),
##  yrmig = col_double(),
##  wt = col_double(),
##  ht = col_double(),
##  chin = col_double(),
```
# Description of variables
# id = individual id
# age = age in years  
## yrmig = years since migration
# wt = weight in kilos  
## ht = height in mm
# chin = chin skin fold in mm  
## fore = forearm skin fold in mm
# calf = calf skin fold in mm  
## pulse = pulse rate-beats/min
# sysbp = systolic bp  
## diabp = diastolic bp

# correlation matrix and associated p-values testing "H0: rho == 0"
#library(Hmisc)
cor_i <-
  dat_indian %>%
  select(
    sysbp, wt, ht, chin, fore, calf, pulse, yrage
  ) %>%
  as.matrix() %>%
  Hmisc::rcorr()

# print only correlations with the response to 3 significant digits (first row)
cor_i$r[1, ] %>% signif(3)

# scatterplots
library(ggplot2)
p <- list()
p[[1]] <- ggplot(dat_indian, aes(x = wt, y = sysbp)) + geom_point(size=2)
p[[2]] <- ggplot(dat_indian, aes(x = ht, y = sysbp)) + geom_point(size=2)
p[[3]] <- ggplot(dat_indian, aes(x = chin, y = sysbp)) + geom_point(size=2)
p[[4]] <- ggplot(dat_indian, aes(x = fore, y = sysbp)) + geom_point(size=2)
p[[5]] <- ggplot(dat_indian, aes(x = calf, y = sysbp)) + geom_point(size=2)
p[[6]] <- ggplot(dat_indian, aes(x = pulse, y = sysbp)) + geom_point(size=2)
p[[7]] <- ggplot(dat_indian, aes(x = yrage, y = sysbp)) + geom_point(size=2)

library(gridExtra)
grid.arrange(grobes = list(p[[1]], p[[2]], p[[3]], p[[4]], p[[5]], p[[6]], p[[7]]),
              ncol = 3,
top = "Scatterplots of response sysbp with each predictor variable")
10.3.2 Stepwise selection with Indian systolic blood pressure

The \texttt{step()} function provides the forward, backward, and stepwise procedures based on AIC or BIC, and provides corresponding $F$-tests.

### \texttt{step()} function specification

The first two arguments of \texttt{step(object, scope, \ldots)} are:

- \texttt{object} = a fitted model object.
- \texttt{scope} = a formula giving the terms to be considered for adding or dropping.

**Default is AIC**

- For BIC, include $k = \log(\text{nrow(\text{data.frame name})})$.
- \texttt{test="F"} includes additional information for parameter estimate tests that we're familiar with.

**Forward selection output** The output for the forward selection method is below. BIC is our selection criterion, though similar decisions are made as if using $F$-tests.

**Step 1** Variable $\texttt{wt} = \text{weight}$ is entered first because it has the highest correlation with $\texttt{sysbp} = \text{sys bp}$. The corresponding $F$-value is the square of the $t$-statistic for testing the significance of the weight predictor in this simple linear regression model.

**Step 2** Adding $\texttt{yrage} = \text{fraction}$ to the simple linear regression model with weight as a predictor increases $R^2$ the most, or equivalently, decreases Residual SS (RSS) the most.

**Step 3** The last table has “<none>” as the first row indicating that the current model (no change to current model) is the best under the current selection criterion.

```r
## start with an empty model (just the intercept 1)
lm_indian_empty <-
  lm(
    sysbp ~ 1,
    data = dat_indian
  )
```
```r
# Forward selection, BIC with F-tests

lm_indian_forward_red_BIC <-
  step(
    lm_indian_empty
  , sysbp ~ wt + ht + chin + fore + calf + pulse + yrage
  , direction = "forward"
  , test = "F"
  , k = log(nrow(dat_indian))
  )

## Start: AIC=203.38
## sysbp ~ 1
##
## Df Sum of Sq RSS AIC F value Pr(>F)
## + wt 1 1775.38 4756.1 194.67 13.8117 0.0006654 ***
## <none> 6531.4 203.38
## + yrage 1 498.06 6033.4 203.95 3.0544 0.0888139 .
## + fore 1 484.22 6047.2 204.03 2.9633 0.0935587 .
## + calf 1 410.80 6120.6 204.51 2.4833 0.1235725
## + ht 1 313.58 6217.9 205.12 1.8660 0.1801796
## + chin 1 189.19 6342.2 205.89 1.1037 0.3002710
## + pulse 1 114.77 6416.7 206.35 0.6618 0.4211339
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Step: AIC=194.67
## sysbp ~ wt
##
## Df Sum of Sq RSS AIC F value Pr(>F)
## + yrage 1 1314.69 3441.4 185.71 13.7530 0.0006991 ***
## <none> 4756.1 194.67
## + chin 1 143.63 4612.4 197.14 1.1210 0.2967490
## + calf 1 16.67 4739.4 198.19 0.1267 0.7240063
## + pulse 1 6.11 4749.9 198.28 0.0463 0.8308792
## + ht 1 2.01 4754.9 198.32 0.0088 0.9257371
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Step: AIC=185.71
## sysbp ~ wt + yrage
##
## Df Sum of Sq RSS AIC F value Pr(>F)
## <none> 3441.4 185.71
## + chin 1 197.372 3244.0 187.07 2.1295 0.1534
## + fore 1 50.548 3390.8 188.80 0.5218 0.4749
## + calf 1 30.218 3411.1 189.03 0.3101 0.5812
## + ht 1 23.738 3417.6 189.11 0.2431 0.6251
## + pulse 1 5.882 3435.5 189.31 0.0599 0.8081
```

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summary(lm_indian_forward_red_BIC)

##
## Call:
## lm(formula = sysbp ~ wt + yrage, data = dat_indian)
##
## Residuals:
##    Min     1Q Median     3Q    Max
##-18.4330 -7.3070  0.8963  5.7275 23.9819
##
## Coefficients:
##               Estimate Std. Error t value Pr(>|t|)
## (Intercept)   60.8959    14.2809   4.264 0.000138 ***
## wt             1.2169     0.2337   5.207 7.97e-06 ***
## yrage         -26.7672    7.2178  -3.708 0.000699 ***
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 9.777 on 36 degrees of freedom
## Multiple R-squared:  0.4731, Adjusted R-squared:  0.4438
## F-statistic: 16.16 on 2 and 36 DF,  p-value: 9.795e-06
Backward selection output  The output for the backward elimination method is below. BIC is our selection criterion, though similar decisions are made as if using $F$-tests.

**Step 0**  The full model has 7 predictors so REG df = 7. The $F$-test in the full model ANOVA table ($F = 4.91$ with p-value=$0.0008$) tests the hypothesis that the regression coefficient for each predictor variable is zero. This test is highly significant, indicating that one or more of the predictors is important in the model.

The $t$-value column gives the $t$-statistic for testing the significance of the individual predictors in the full model conditional on the other variables being in the model.

```r
# start with a full model
lm_indian_full <-
  lm(
    sysbp ~ wt + ht + chin + fore + calf + pulse + yrage
    , data = dat_indian
  )
summary(lm_indian_full)
##
## Call:
## lm(formula = sysbp ~ wt + ht + chin + fore + calf + pulse + yrage,
##     data = dat_indian)
##
## Residuals:
##    Min     1Q Median     3Q    Max
## -14.3993 -5.7916 -0.6907  6.9453 23.5771
##
## Coefficients:
##                  Estimate Std. Error  t value  Pr(>|t|)
## (Intercept) 106.45766    53.91303    1.975 0.057277 .
## wt          1.71095     0.38659    4.426 0.000111 ***
## ht         -0.04533     0.03945   -1.149 0.259329
## chin       -1.15725     0.84612   -1.368 0.181239
## fore       -0.70183     1.34986   -0.520 0.606806
## calf        0.10357     0.61170    0.169 0.866643
## pulse       0.07485     0.19570    0.383 0.704699
## yrage      -29.31810     7.86839   -3.726 0.000777 ***
##
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 9.994 on 31 degrees of freedom
```
The least important variable in the full model, as judged by the p-value, is \textit{calf} = calf skin fold. This variable, upon omission, reduces $R^2$ the least, or equivalently, increases the Residual SS the least. So \textit{calf} is the first to be omitted from the model.

**Step 1** After deleting \textit{calf}, the six predictor model is fitted. At least one of the predictors left is important, as judged by the overall $F$-test p-value. The least important predictor left is \textit{pulse} = pulse rate.

```r
# Backward selection, BIC with F-tests
lm_indian_backward_red_BIC <- step(
  lm_indian_full,
  direction = "backward",
  test = "F",
  k = log(nrow(dat_indian))
)
```

```
## Start: AIC=199.91
## sysbp ~ wt + ht + chin + fore + calf + pulse + yrage
##
## Df Sum of Sq RSS AIC F value Pr(>F)
## - calf 1 2.86 3099.3 196.28 0.0287 0.8666427
## - pulse 1 14.61 3111.1 196.43 0.1463 0.7046990
## - fore 1 27.00 3123.4 196.59 0.2703 0.6068061
## - ht 1 131.88 3228.3 197.88 1.3203 0.2593289
## - chin 1 186.85 3283.3 198.53 1.8706 0.1812390
## <none> 3096.4 199.91
## - yrage 1 1386.76 4483.2 210.68 13.8835 0.0007773 ***
## - wt 1 1956.49 5052.9 215.35 19.5874 0.0001105 ***
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Step: AIC=196.28
## sysbp ~ wt + ht + chin + fore + pulse + yrage
##
## Df Sum of Sq RSS AIC F value Pr(>F)
## - pulse 1 13.34 3112.6 192.79 0.1377 0.7130185
## - fore 1 26.99 3126.3 192.96 0.2787 0.6011969
## - ht 1 129.56 3228.9 194.22 1.3377 0.2560083
## - chin 1 184.03 3283.3 194.87 1.9000 0.1776352
## <none> 3096.4 199.91
## - yrage 1 1448.00 4547.3 207.57 14.9504 0.0005087 ***
```
## - wt  1 1953.77 5053.1 211.69 20.1724 8.655e-05 ***
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
## Step:  AIC=192.79
## sysbp ~ wt + ht + chin + fore + yrage
##
## Df Sum of Sq RSS AIC F value  Pr(>F)
## - fore  1 17.78 3130.4 189.35 0.1885 0.667013
## - ht  1 131.12 3243.8 190.73 1.3902 0.246810
## - chin  1 198.30 3310.9 191.53 2.1023 0.156514
## <none>  3112.6 192.79
## - yrage  1 1450.02 4562.7 204.04 15.3730 0.000421 ***
## - wt  1 1983.51 5096.2 208.35 21.0290 6.219e-05 ***
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
## Step:  AIC=189.35
## sysbp ~ wt + ht + chin + yrage
##
## Df Sum of Sq RSS AIC F value  Pr(>F)
## - ht  1 113.57 3244.0 187.07 1.2334 0.2745301
## - chin  1 287.20 3417.6 189.11 3.1193 0.0863479 .
## <none>  3244.0 187.07
## - yrage  1 1445.52 4575.9 200.49 15.7000 0.0003607 ***
## - wt  1 2263.64 5394.1 206.90 24.5857 1.945e-05 ***
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
## Step:  AIC=187.07
## sysbp ~ wt + chin + yrage
##
## Df Sum of Sq RSS AIC F value  Pr(>F)
## - chin  1 197.37 3441.4 185.71 2.1295 0.1534065
## <none>  3244.0 187.07
## - yrage  1 1368.44 4612.4 197.14 14.7643 0.0004912 ***
## - wt  1 2515.33 5759.3 205.80 27.115 7.966e-06 ***
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
## Step:  AIC=185.71
## sysbp ~ wt + yrage
##
## Df Sum of Sq RSS AIC F value  Pr(>F)
## <none>  3441.4 185.71
## - yrage  1 1314.7 4756.1 194.67 13.753 0.0006991 ***
## - wt  1 2592.0 6033.4 203.95 27.115 7.966e-06 ***
## ---
### Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1

```r
summary(lm_indian_backward_red_BIC)
```

### Call:
```
lm(formula = sysbp ~ wt + yrage, data = dat_indian)
```

### Residuals:
```
Min 1Q Median 3Q Max
-18.4330 -7.3070 0.8963 5.7275 23.9819
```

### Coefficients:
```
Estimate Std. Error t value Pr(>|t|)
(Intercept) 60.8959 14.2809 4.264 0.000138 ***
w 1.2169 0.2337 5.207 7.97e-06 ***
yrage -26.7672 7.2178 -3.708 0.000699 ***
```

### ---

### Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1

### Residual standard error: 9.777 on 36 degrees of freedom
### Multiple R-squared: 0.4731, Adjusted R-squared: 0.4438
### F-statistic: 16.16 on 2 and 36 DF, p-value: 9.795e-06

In the final table we are unable to drop yrage or wt from the model.
Stepwise selection output  The output for the stepwise selection is given below.

Variables are listed in the output tables in order that best improves the AIC/BIC criterion. In the stepwise case, BIC will decrease (improve) by considering variables to drop or add (indicated in the first column by − and +). Rather than printing a small table at each step of the step() procedure, we use lm.XXX$anova to print a summary of the drop/add choices made.

```
# Stepwise (both) selection, BIC with F-tests, starting with intermediate model
# (this is a purposefully chosen "opposite" model,
#  from the forward and backward methods this model
#  includes all the variables dropped and none kept)
lm_indian_intermediate <-
  lm(
    sysbp ~ ht + fore + calf + pulse
  , data = dat_indian
  )

# option: trace = 0 does not print each step of the selection
lm_indian_both_red_BIC <-
  step(
    lm_indian_intermediate
  , sysbp ~ wt + ht + chin + fore + calf + pulse + yrage
  , direction = "both"
  , test = "F"
  , k = log(nrow(dat_indian))
  , trace = 0
  )

# the anova object provides a summary of the selection steps in order
lm_indian_both_red_BIC$anova

## Step Df Deviance Resid. Df Resid. Dev AIC
## 1 NA NA 34 5651.131 212.3837
## 2 - pulse 1 2.874432 35 5654.005 208.7400
## 3 - calf 1 21.843631 36 5675.849 205.2268
## 4 + wt -1 925.198114 35 4750.651 201.9508
## 5 + yrage -1 1439.707117 34 3310.944 191.5335
## 6 - ht 1 79.870793 35 3390.815 188.7995
## 7 - fore 1 50.548149 36 3441.363 185.7131

summary(lm_indian_both_red_BIC)

##
## Call:
## lm(formula = sysbp ~ wt + yrage, data = dat_indian)

## Residuals:
##     Min    1Q Median    3Q   Max
## -18.4330 -7.3070  0.8963  5.7275 23.9819
```
Summary of three section methods

All three methods using BIC choose the same final model, \( \text{sysbp} = \beta_0 + \beta_1 \text{wt} + \beta_2 \text{yrage} \). Using the AIC criterion, you will find different results.
10.4 Other Model Selection Procedures

10.4.1 $R^2$ Criterion

$R^2$ is the proportion of variation explained by the model over the grand mean, and we wish to maximize this. A substantial increase in $R^2$ is usually observed when an “important” effect is added to a regression model. With the $R^2$ criterion, variables are added to the model until further additions give inconsequential increases in $R^2$. The $R^2$ criterion is not well-defined in the sense of producing a single best model. All other things being equal, I prefer the simpler of two models with similar values of $R^2$. If several models with similar complexity have similar $R^2$s, then there may be no good reason, at this stage of the analysis, to prefer one over the rest.

10.4.2 Adjusted-$R^2$ Criterion, maximize

The adjusted-$R^2$ criterion gives a way to compare $R^2$ across models with different numbers of variables, and we want to maximize this. This eliminates some of the difficulty with calibrating $R^2$, which increases even when unimportant predictors are added to a model. For a model with $p$ variables and an intercept, the adjusted-$R^2$ is defined by

$$\bar{R}^2 = 1 - \frac{n - 1}{n - p - 1}(1 - R^2),$$

where $n$ is the sample size.

There are four properties of $\bar{R}^2$ worth mentioning:

1. $\bar{R}^2 \leq R^2$,
2. if two models have the same number of variables, then the model with the larger $R^2$ has the larger $\bar{R}^2$,
3. if two models have the same $R^2$, then the model with fewer variables has the larger adjusted-$R^2$. Put another way, $\bar{R}^2$ penalizes complex models with many variables. And
4. $\bar{R}^2$ can be less than zero for models that explain little of the variation in $Y$.

The adjusted $R^2$ is easier to calibrate than $R^2$ because it tends to decrease when unimportant variables are added to a model. The model with the maximum $\bar{R}^2$ is judged best by this criterion. As I noted before, I do not take any of the criteria literally, and would also choose other models with $\bar{R}^2$ near the maximum value for further consideration.

### 10.4.3 Mallows’ $C_p$ Criterion, minimize

Mallows’ $C_p$ measures the adequacy of predictions from a model, relative to those obtained from the full model, and we want to minimize $C_p$. Mallows’ $C_p$ statistic is defined for a given model with $p$ variables by

$$C_p = \frac{\text{Residual SS}}{\hat{\sigma}^2_{\text{FULL}}} - \text{Residual df} + (p + 1)$$

where $\hat{\sigma}^2_{\text{FULL}}$ is the Residual MS from the full model with $k$ variables $X_1, X_2, \ldots, X_k$.

If all the important effects from the candidate list are included in the model, then the difference between the first two terms of $C_p$ should be approximately zero. Thus, if the model under consideration includes all the important variables from the candidate list, then $C_p$ should be approximately $p + 1$ (the number of variables in model plus one), or less. If important variables from the candidate list are excluded, $C_p$ will tend to be much greater than $p + 1$.

Two important properties of $C_p$ are

1. the full model has $C_p = p + 1$, where $p = k$, and
2. if two models have the same number of variables, then the model with the larger $R^2$ has the smaller $C_p$.

Models with $C_p \approx p + 1$, or less, merit further consideration. As with $R^2$ and $\bar{R}^2$, I prefer simpler models that satisfy this condition. The “best” model by this criterion has the minimum $C_p$. 
### 10.5 Illustration with Peru Indian data

#### \( R^2 \) Criterion

```r
library(leaps)

# First, fit the full model
lm_indian_full <- lm(sysbp ~ wt + ht + chin + fore + calf + pulse + yrage, data = dat_indian)

# Second, create the design matrix which leap uses as argument
# using model.matrix(lm.XXX) as input to leaps()

# \( R^2 \) -- for each model size, report best subset of size 5
leaps_r2 <- leaps(x = model.matrix(lm_indian_full), y = dat_indian$sysbp, method = "r2", int = FALSE, nbest = 5, names = colnames(model.matrix(lm_indian_full)))

str(leaps_r2)
## List of 4
## $ which: logi [1:36, 1:8] FALSE TRUE FALSE FALSE FALSE TRUE ... 
## ..- attr(*, "dimnames")=List of 2 
## .. ..$ : chr [1:36] "1" "1" "1" "1" ... 
## .. ..$ : chr [1:8] "(Intercept)" "wt" "ht" "chin" ...
## $ label: chr [1:8] "(Intercept)" "wt" "ht" "chin" ...
## $ size : num [1:36] 1 1 1 1 1 2 2 2 2 2 ...
## $ r2 : num [1:36] 0.99 0.99 0.989 0.976 0.845 ...

# plot model \( R^2 \) vs size of model
plot(leaps_r2$size, leaps_r2$r2, main = "R2")

# report the best model (indicate which terms are in the model)
best_model_r2 <- leaps_r2$which[which((leaps_r2$r2 == max(leaps_r2$r2))),]

# these are the variable names for the best model
names(best_model_r2)
## [1] "(Intercept)" "wt" "ht" "chin"
## [5] "fore" "calf" "pulse" "yrage"
```

---

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Adjusted-$R^2$ Criterion, maximize

```r
# adj-R^2 -- for each model size, report best subset of size 5
leaps_adjr2 <-
leaps(
  x = model.matrix(lm_indian_full),
  y = dat_indian$sysbp,
  method = "adjr2",
  int = FALSE,
  nbest = 5,
  names = colnames(model.matrix(lm_indian_full))
)

# plot model R^2 vs size of model
plot(leaps_adjr2$size, leaps_adjr2$adjr2, main = "Adj-R2")

# report the best model (indicate which terms are in the model)
best_model_adjr2 <- leaps_adjr2$which[which((leaps_adjr2$adjr2 == max(leaps_adjr2$adjr2))),]

# these are the variable names for the best model
names(best_model_adjr2)[best_model_adjr2]

## [1] "(Intercept)" "wt"      "ht"      "chin"
## [5] "yrage"
```

![Graph showing Adj-R2 vs size of model](image_url)
Mallows’ $C_p$ Criterion, minimize

# Cp -- for each model size, report best subset of size 3
leaps_Cp <-
  leaps(
    x = model.matrix(lm_indian_full)
    , y = dat_indian$sysbp
    , method = "Cp"
    , int = FALSE
    , nbest = 3
    , names = colnames(model.matrix(lm_indian_full))
  )

# plot model $R^2$ vs size of model
plot(leaps_Cp$size, leaps_Cp$Cp, main = "Cp")
  lines(leaps_Cp$size, leaps_Cp$size)  # adds the line for Cp = p

# report the best model (indicate which terms are in the model)
# these are the variable names for the best model
names(best_model_Cp)[best_model_Cp]

## [1] "(Intercept)" "wt" "yrage"
All together The function below takes `regsubsets()` output and formats it into a table sorted by BIC.

```r
# best subset, returns results sorted by BIC
f_bestsubset <- function(form, dat, nbest = 5) {
  # all output in the bs "best subset" object
  bs <- leaps::regsubsets(form, data = dat, nvmax = 30, nbest = nbest, method = "exhaustive")

  # selected output in named columns
  bs2 <- cbind(summary(bs)$which, SIZE = (rowSums(summary(bs)$which) - 1), rss = summary(bs)$rss, r2 = summary(bs)$rsq, adjr2 = summary(bs)$adjr2, cp = summary(bs)$cp, bic = summary(bs)$bic) %>% as_tibble() %>%
    # sort models ascending by BIC (best model at top)
    arrange(bic)

  # return sorted table
  return(bs2)
}

# best subset selection on our model
i_best <- f_bestsubset(form = formula(sysbp ~ wt + ht + chin + fore + calf + pulse + yrage), dat = dat_indian)

op <- options(); # saving old options
options(width=100) # setting command window output text width wider
i_best %>% print(n = Inf, width = Inf)
```

<table>
<thead>
<tr>
<th><code>(Intercept)</code></th>
<th>wt</th>
<th>ht</th>
<th>chin</th>
<th>fore</th>
<th>calf</th>
<th>pulse</th>
<th>yrage</th>
<th>SIZE</th>
<th>rss</th>
<th>r2</th>
<th>adjr2</th>
<th>cp</th>
<th>bic</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>0.473</td>
<td>0.444</td>
<td>1.45</td>
<td>-14.0</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>1</td>
<td>1</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>3</td>
<td>0.503</td>
<td>0.461</td>
<td>1.48</td>
<td>-12.6</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>1</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>1</td>
<td>3</td>
<td>0.481</td>
<td>0.436</td>
<td>2.95</td>
<td>-10.9</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>1</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>1</td>
<td>3</td>
<td>0.478</td>
<td>0.433</td>
<td>3.15</td>
<td>-10.7</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>3</td>
<td>0.477</td>
<td>0.432</td>
<td>3.22</td>
<td>-10.6</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>1</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>3</td>
<td>0.474</td>
<td>0.429</td>
<td>3.39</td>
<td>-10.4</td>
<td></td>
</tr>
</tbody>
</table>
10.5: Illustration with Peru Indian data

```
## 7 1 1 1 0 0 0 1 4 3130. 0.521 0.464 2.34 -10.4 
## 8 1 1 0 0 1 1 0 1 4 3232. 0.505 0.447 3.36 -9.12 
## 9 1 1 0 0 1 0 0 1 4 3244. 0.503 0.445 3.47 -8.98 
## 10 1 1 1 0 0 1 0 1 4 3244. 0.503 0.445 3.48 -8.98 
## 11 1 1 1 1 0 0 0 1 5 3113. 0.526 0.451 4.16 -6.92 
## 12 1 1 1 1 1 0 0 1 5 3126. 0.523 0.449 4.30 -6.75 
## 13 1 1 1 0 1 0 0 1 1 3232. 0.505 0.431 5.33 -5.49 
## 14 1 1 1 0 1 0 1 1 5 3232. 0.505 0.430 5.36 -5.46 
## 15 1 1 0 0 0 0 0 0 1 4756. 0.272 0.252 12.6 -5.04 
## 16 1 1 1 1 0 1 0 1 6 3099. 0.525 0.437 6.03 -3.43 
## 17 1 1 1 1 1 0 0 0 1 4756. 0.272 0.252 12.6 -5.04 
## 18 1 1 1 1 1 1 0 1 5 3126. 0.523 0.449 4.30 -6.75 
## 19 1 1 1 1 1 1 0 1 5 3126. 0.523 0.449 4.30 -6.75 
## 20 1 1 1 1 1 0 1 1 6 3123. 0.522 0.432 6.27 -3.12 
## 21 1 1 0 0 0 0 0 0 2 4612. 0.294 0.255 13.2 -2.58 
## 22 1 1 0 1 0 1 0 1 6 3228. 0.506 0.413 7.87 -1.18 
## 23 1 1 0 0 0 0 1 0 2 4754. 0.272 0.232 14.6 -1.40 
## 24 1 1 0 1 0 0 0 0 2 4754. 0.272 0.232 14.6 -1.40 
## 25 1 1 0 1 0 0 0 0 2 4754. 0.272 0.232 14.6 -1.40 
## 26 1 1 0 1 0 0 0 0 2 4754. 0.272 0.232 14.6 -1.40 
## 27 1 1 1 0 1 1 1 1 7 3096. 0.526 0.419 8 0.200 
## 28 1 0 0 0 0 0 0 1 1 6033. 0.0763 0.0513 25.4 4.23 
## 29 1 0 0 0 0 0 1 0 0 1 6047. 0.0741 0.0491 25.5 4.32 
## 30 1 0 0 0 0 1 0 0 1 6121. 0.0629 0.0376 26.3 4.79 
## 31 1 0 1 0 0 0 0 0 0 1 6218. 0.0480 0.0223 27.2 5.41 
```

```
options(op); # reset (all) initial options
```
10.5.1 \( R^2, \bar{R}^2, \) and \( C_p \) Summary for Peru Indian Data

Discussion of \( R^2 \) results:

1. The single predictor model with the highest value of \( R^2 \) has \( wt = \) weight as a predictor: \( R^2 = 0.272 \). All the other single predictor models have \( R^2 < 0.10 \).

2. The two predictor model with the highest value of \( R^2 \) has weight and \( yrage = \) fraction as predictors: \( R^2 = 0.473 \). No other two predictor model has \( R^2 \) close to this.

3. All of the best three predictor models include weight and fraction as predictors. However, the increase in \( R^2 \) achieved by adding a third predictor is minimal.

4. None of the more complex models with four or more predictors provides a significant increase in \( R^2 \).

A good model using the \( R^2 \) criterion has two predictors, weight and \( yrage \). The same conclusion is reached with \( \bar{R}^2 \), albeit the model with maximum \( \bar{R}^2 \) includes \( wt \) (weight), \( ht \) (height), \( chin \) (chin skin fold), and \( yrage \) (fraction) as predictors.

Discussion of \( C_p \) results:

1. None of the single predictor models is adequate. Each has \( C_p \gg 1 + 1 = 2 \), the target value.

2. The only adequate two predictor model has \( wt = \) weight and \( yrage = \) fraction as predictors: \( C_p = 1.45 < 2 + 1 = 3 \). This is the minimum \( C_p \) model.

3. Every model with weight and fraction is adequate. Every model that excludes either weight or fraction is inadequate: \( C_p \gg p + 1 \).

According to \( C_p \), any reasonable model must include both weight and fraction as predictors. Based on simplicity, I would select the model with these two predictors as a starting point. I can always add predictors if subsequent analysis suggests this is necessary!
10.5.2 Peru Indian Data Summary

The model selection procedures suggest three models that warrant further consideration.

<table>
<thead>
<tr>
<th>Predictors</th>
<th>Methods suggesting model</th>
</tr>
</thead>
<tbody>
<tr>
<td>wt, yrage</td>
<td>BIC via stepwise, forward, and backward, and C_p</td>
</tr>
<tr>
<td>wt, yrage, chin</td>
<td>AIC via stepwise and backward selection</td>
</tr>
<tr>
<td>wt, yrage, chin, ht</td>
<td>AIC via forward selection, Adj-R2</td>
</tr>
</tbody>
</table>

I will give three reasons why I feel that the simpler model is preferable at this point:

1. It was suggested by 4 of the 5 methods (ignoring $R^2$).
2. Forward selection often chooses predictors that are not important, even when the significance level for inclusion is reduced from the default $\alpha = 0.50$ level.
3. The AIC/BIC forward and backward elimination outputs suggest that neither chin skin fold nor height is significant at any of the standard levels of significance used in practice. Look at the third and fourth steps of forward selection to see this.

Using a mechanical approach, we are led to a model with weight and yrage as predictors of systolic blood pressure. At this point we should closely examine this model. We did this earlier this semester and found that observation 1 (the individual with the largest systolic blood pressure) was fitted poorly by the model and potentially influential.

As noted earlier this semester, model selection methods can be highly influenced by outliers and influential cases. Thus, we should hold out case 1, and re-evaluate the various procedures to see whether case 1 unduly influenced the models selected. I will just note (not shown) that the selection methods point to the same model when case 1 is held out. After deleting case 1, there are no large residuals, extremely influential points, or any gross abnormalities in plots.

Both analyses suggest that the “best model” for predicting systolic blood pressure is

$$\text{sysbp} = \beta_0 + \beta_1 \text{wt} + \beta_2 \text{yrage} + \varepsilon.$$
Should case 1 be deleted? I have not fully explored this issue, but I will note that eliminating this case does have a significant impact on the least squares estimates of the regression coefficients, and on predicted values. What do you think?
10.6 Example: Oxygen Uptake

An experiment was conducted to model oxygen uptake (o2up), in milligrams of oxygen per minute, from five chemical measurements: biological oxygen demand (bod), total Kjeldahl nitrogen (tkn), total solids (ts), total volatile solids (tvs), which is a component of ts, and chemical oxygen demand (cod), each measured in milligrams per liter. The data were collected on samples of dairy wastes kept in suspension in water in a laboratory for 220 days. All observations were on the same sample over time. We desire an equation relating o2up to the other variables. The goal is to find variables that should be further studied with the eventual goal of developing a prediction equation (day should not be considered as a predictor).

We are interested in developing a regression model with o2up, or some function of o2up, as a response. The researchers believe that the predictor variables are more likely to be linearly related to log\(_{10}(o2up)\) rather than o2up, so log\(_{10}(o2up)\) was included in the data set. As a first step, we should plot o2up against the different predictors, and see whether the relationship between o2up and the individual predictors is roughly linear. If not, we will consider appropriate transformations of the response and/or predictors.
The plots showed an exponential relationship between o2up and the predictors. To shorten the output, only one plot is given. An exponential relationship can often be approximately linearized by transforming o2up to the $\log_{10}(o2up)$ scale suggested by the researchers. The extreme skewness in the marginal distribution of o2up also gives an indication that a transformation might be needed.

```r
# scatterplots
library(ggplot2)
p <- list()
p[[1]] <- ggplot(dat_oxygen, aes(x = bod, y = o2up)) + geom_point(size=2)
p[[2]] <- ggplot(dat_oxygen, aes(x = tkn, y = o2up)) + geom_point(size=2)
p[[3]] <- ggplot(dat_oxygen, aes(x = ts, y = o2up)) + geom_point(size=2)
p[[4]] <- ggplot(dat_oxygen, aes(x = tvs, y = o2up)) + geom_point(size=2)
p[[5]] <- ggplot(dat_oxygen, aes(x = cod, y = o2up)) + geom_point(size=2)
library(gridExtra)
grid.arrange(grobs = list(p[[1]], p[[2]], p[[3]], p[[4]], p[[5]]))
```

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After transformation, several plots show a roughly linear relationship. A sensible next step would be to build a regression model using log(o2up) as the response variable.

```r
# scatterplots
library(ggplot2)
p <- list()
p[[1]] <- ggplot(dat_oxygen, aes(x = bod, y = logup)) + geom_point(size=2)
p[[2]] <- ggplot(dat_oxygen, aes(x = tkn, y = logup)) + geom_point(size=2)
p[[3]] <- ggplot(dat_oxygen, aes(x = ts, y = logup)) + geom_point(size=2)
p[[4]] <- ggplot(dat_oxygen, aes(x = tvs, y = logup)) + geom_point(size=2)
p[[5]] <- ggplot(dat_oxygen, aes(x = cod, y = logup)) + geom_point(size=2)

library(gridExtra)
grid.arrange(grobs = list(p[[1]], p[[2]], p[[3]], p[[4]], p[[5]]))
  , ncol = 3
  , top = "Scatterplots of response logup with each predictor variable"
```

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Correlation between response and each predictor.

```r
# correlation matrix and associated p-values testing "H0: rho == 0"
#library(Hmisc)
cor_o <-
  dat_oxygen %>%
  select(
    logup, bod, tkn, ts, tvs, cod
  ) %>%
  as.matrix() %>%
  Hmisc::rcorr()

# print only correlations with the response to 3 significant digits (first row)
cor_o$r[1, ] %>% signif(3)
## logup  bod  tkn  ts  tvs  cod
## 1.0000 0.7740 0.0906 0.8350 0.7110 0.8320
```

I used several of the model selection procedures to select out predictors. The model selection criteria below point to a more careful analysis of the model with ts and cod as predictors. This model has the minimum $C_p$ and is selected by the backward and stepwise procedures. Furthermore, no other model has a substantially higher $R^2$ or $\bar{R}^2$. The fit of the model will not likely be improved substantially by adding any of the remaining three effects to this model.
# best subset selection on our model

```r
o_best <-
  f_bestsubset(
    form = formula(logup ~ bod + tkn + ts + tvs + cod),
    dat = dat_oxygen,
    nbest = 3
  )
```

```r
op <- options(); # saving old options
options(width=100) # setting command window output text width wider

o_best %>% print(n = Inf, width = Inf)
```

```r
## # A tibble: 13 x 12
## (Intercept) bod tkn ts tvs cod SIZE rss r2 adjr2 cp bic
## <dbl> <dbl> <dbl> <dbl> <dbl> <dbl> <dbl> <dbl> <dbl> <dbl> <dbl> <dbl>
## 1 1 0 0 1 0 1 2 1.09 0.786 0.760 1.74 21.8
## 2 1 0 1 1 0 1 3 0.987 0.805 0.768 2.32 20.7
## 3 1 0 0 1 1 1 3 1.06 0.790 0.751 3.42 19.2
## 4 1 1 0 1 0 1 3 1.06 0.790 0.750 3.44 19.2
## 5 1 0 1 1 1 1 4 0.965 0.809 0.759 4.00 18.2
## 6 1 0 0 1 0 0 1 1.54 0.696 0.680 6.29 17.9
## 7 1 0 0 0 0 1 1 1.33 0.738 0.707 5.27 17.8
## 8 1 1 1 1 0 1 4 0.987 0.805 0.753 4.32 17.7
## 9 1 0 0 0 0 1 1 1.56 0.693 0.676 6.57 17.6
## 10 1 1 0 1 1 1 4 1.04 0.795 0.740 5.07 16.7
## 11 1 0 1 0 0 1 2 1.44 0.716 0.682 6.87 16.2
## 12 1 1 1 1 1 1 5 0.965 0.809 0.741 6. 15.2
## 13 1 1 0 0 0 0 1 2.03 0.598 0.576 13.5 12.3
```

```r
options(op); # reset (all) initial options
```

These comments must be taken with a grain of salt because we have not critically assessed the underlying assumptions (linearity, normality, independence), nor have we considered whether the data contain influential points or outliers.

```r
lm_oxygen_final <-
  lm(
    logup ~ ts + cod,
    data = dat_oxygen
  )

summary(lm_oxygen_final)
```

```r
## # Call:
## # lm(formula = logup ~ ts + cod, data = dat_oxygen)
## ## # Residuals:
## # Min 1Q Median 3Q Max
## # -0.37640 -0.09238 -0.04229 0.06256 0.59827
```

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The p-values for testing the importance of the individual predictors are small, indicating that both predictors are important. However, two observations (1 and 20) are poorly fitted by the model (both have \( r_i > 2 \)) and are individually most influential (largest \( D_i \)). Recall that this experiment was conducted over 220 days, so these observations were the first and last data points collected. We have little information about the experiment, but it is reasonable to conjecture that the experiment may not have reached a steady state until the second time point, and that the experiment was ended when the experimental material dissipated. The end points of the experiment may not be typical of conditions under which we are interested in modelling oxygen uptake. A sensible strategy here is to delete these points and redo the entire analysis to see whether our model changes noticeably.

Furthermore, the partial residual plot for both ts and cod clearly highlights outlying cases 1 and 20.
10.6: Example: Oxygen Uptake

Added-Variable Plots

Residuals vs. Fitted

Residuals vs. ts

Residuals vs. cod

log up vs. others

ts | others

-1000 -0 1000 2000 3000

-0.4 -0.2 0.0 0.2 0.4 0.6

 Added−Variable Plots

log up | others

-1000 -0 1000 2000

-0.4 -0.2 0.0 0.2 0.4 0.6 0.8
10.6.1 Redo analysis excluding first and last observations

For more completeness, we exclude the end observations and repeat the model selection steps. Summaries from the model selection are provided.

The model selection criteria again suggest ts and cod as predictors. After deleting observations 1 and 20 the $R^2$ for this two predictor model jumps from 0.786 to 0.892. Also note that the LS coefficients change noticeably after these observations are deleted.

```r
# exclude observations 1 and 20
dat_oxygen2 <-
  dat_oxygen %>%
  slice(-c(1, 20))

# correlation matrix and associated p-values testing "H0: rho == 0"
cor_o <-
  dat_oxygen2 %>%
  select(logup, bod, tkn, ts, tvs, cod) %>%
  as.matrix() %>%
  Hmisc::rcorr()

cor_o$r[1, ] %>% signif(3)
## logup  bod  tkn  ts  tvs  cod
## 1.000 0.813 0.116 0.921 0.717 0.806

# best subset selection on our model
o_best <-
  f_bestsubset(
    form = formula(logup ~ bod + tkn + ts + tvs + cod),
    dat = dat_oxygen2,
    nbest = 3
  )

op <- options(); # saving old options
options(width=100) # setting command window output text width wider
o_best %>% print(n = Inf, width = Inf)
```

Correlation between response and each predictor.

```
# correlation matrix and associated p-values testing "H0: rho == 0"
cor_o <-
  dat_oxygen2 %>%
  select(logup, bod, tkn, ts, tvs, cod) %>%
  as.matrix() %>%
  Hmisc::rcorr()

cor_o$r[1, ] %>% signif(3)
## logup  bod  tkn  ts  tvs  cod
## 1.000 0.813 0.116 0.921 0.717 0.806

# best subset selection on our model
o_best <-
  f_bestsubset(
    form = formula(logup ~ bod + tkn + ts + tvs + cod),
    dat = dat_oxygen2,
    nbest = 3
  )

op <- options(); # saving old options
options(width=100) # setting command window output text width wider
o_best %>% print(n = Inf, width = Inf)
```
Below is the model with ts and cod as predictors, after omitting the end observations. Both predictors are significant at the 0.05 level. Furthermore, there do not appear to be any extreme outliers. The QQ-plot, and the plot of studentized residuals against predicted values do not show any extreme abnormalities.

```r
lm_oxygen2_final <-
  lm(
    logup ~ ts + cod,
    data = dat_oxygen2
  )

summary(lm_oxygen2_final)
##
## Call:
## lm(formula = logup ~ ts + cod, data = dat_oxygen2)
##
## Residuals:
##    Min   1Q Median   3Q    Max
## -0.2416 -0.0852  0.0100  0.1010  0.2509
##
## Coefficients:
##             Estimate Std. Error t value Pr(>|t|)
## (Intercept) -1.335e+00  1.338e-01  -9.976  5.16e-08 ***
## ts          1.852e-04  3.182e-05   5.820  3.38e-05 ***
## cod         8.638e-05  3.517e-05   2.456   0.0267 *
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '. ' 1
##
## Residual standard error: 0.1438 on 15 degrees of freedom
## Multiple R-squared:  0.8923, Adjusted R-squared:  0.878
```

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Let us recall that the researcher’s primary goal was to identify important predictors of o2up. Regardless of whether we are inclined to include the end observations in the analysis or not, it is reasonable to conclude that ts and cod are useful for explaining the variation in log_{10}(o2up). If these data were the final experiment, I might be inclined to eliminate the end observations and use
the following equation to predict oxygen uptake:

$$\log_{10}(o2up) = -1.335302 + 0.000185 \text{ts} + 0.000086 \text{cod}.$$